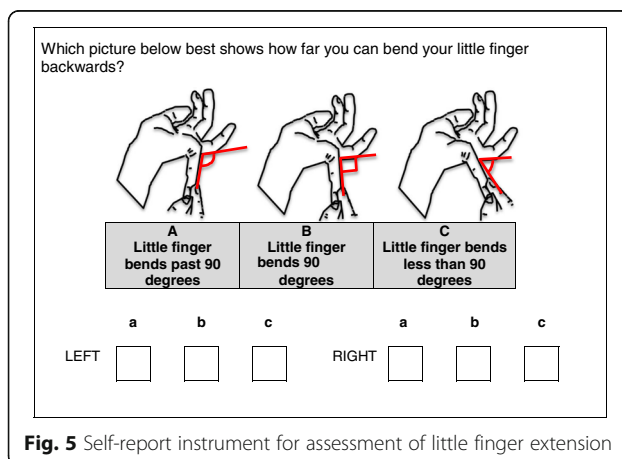
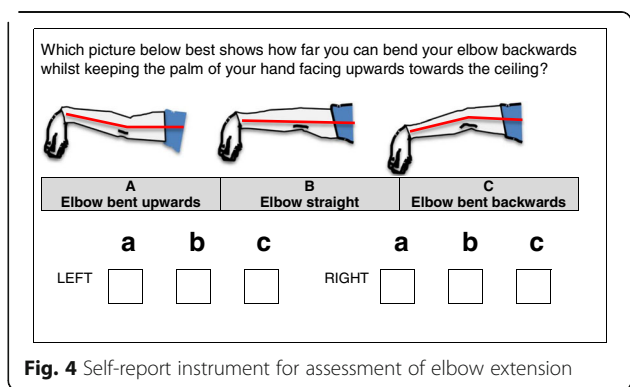
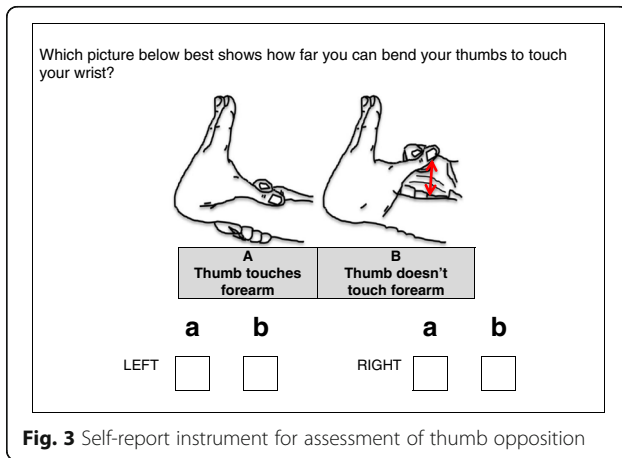
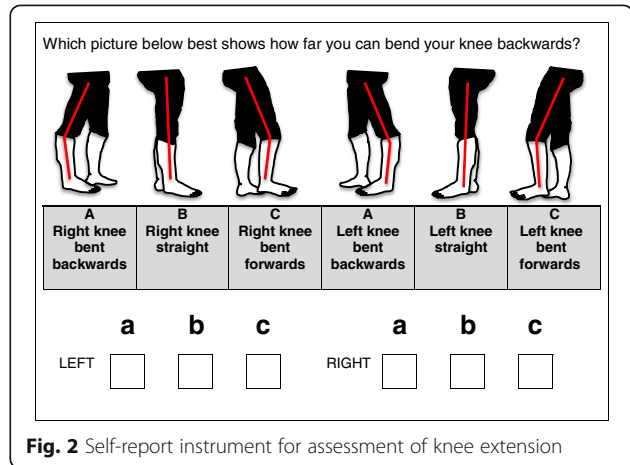
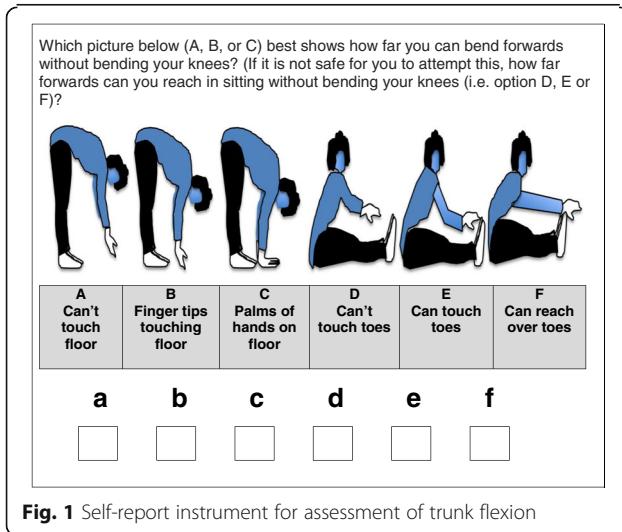


### Appendix

You will be presented with a series of pictures that relate to how flexible your joints are. We would like you to look at these pictures, and if it is safe for you to do so, we would like you to try and perform the same movement in front of a mirror. Your flexibility may differ between your right and left side so please score each limb separately where applicable.



Cooper, D.J., Scammell, B.E., Batt, M.E. and Palmer, D., 2018. Development and validation of self-reported line drawings of the modified Beighton score for the assessment of generalised joint hypermobility. BMC medical research methodology, 18(1), pp.1-8.